



Tryngolza[®]

(olezarsen) injection

Getting started with TRYNGOLZA

**Your doctor has prescribed TRYNGOLZA—
you may be thinking, “What’s next?”**

This guide walks you through what steps you can expect
and how Ionis Every Step™ can support your journey



The Ionis Every Step program provides support and resources to help you get started on TRYNGOLZA quickly and confidently manage your treatment.

Support to help you take control

Ionis Every Step is a support program designed to help you manage the TRYNGOLZA treatment journey and connect you with resources along the way

Ionis Every Step can connect you with:



Programs that may help with your out-of-pocket costs and access to TRYNGOLZA



Support to help you get started and stay on track with your treatment journey



Educational resources to help you reach your health and treatment goals

If you're not sure which pharmacy you are using, or if you need more support, call the Ionis Every Step Support Center at 1-844-789-8744 (select option 2), Monday to Friday, 8 AM to 8 PM ET.

Getting started with TRYNGOLZA

TRYNGOLZA will be sent from a pharmacy right to your front door. Your doctor will start this process. Below is an overview of what to expect after your doctor prescribes TRYNGOLZA and how Ionis Every Step provides support every step of the way.

1



Your doctor sends the prescription to a specialty pharmacy

Your doctor's office will send your TRYNGOLZA prescription directly to the specialty pharmacy - keep an eye out for their calls or texts.

Helpful Tip

- Your doctor may need to send information to your insurance plan to get approval for TRYNGOLZA - this is normal, and you can help with the process
- Check that your doctor's office has up-to-date information on your health, insurance plan, and contact details



Scan the code to get started today and stay supported with Ionis Every Step. For more information, you can call the Ionis Every Step Support Center at 1-844-789-8744 (select option 2), Monday to Friday, 8 AM to 8 PM ET

2



Answer your specialty pharmacy's phone call or text to review coverage and potential costs

Together, you will review your insurance coverage, out-of-pocket costs for TRYNGOLZA, and potential financial assistance options.

Helpful Tip

- Scan the QR code for your specialty pharmacy below, and make sure to save it in your phone as a contact



Accredo
1-800-803-2523



BlinkRx
1-844-926-2480



CVS Specialty
1-800-237-2767



Optum Specialty Pharmacy
1-855-427-4682

3



TRYNGOLZA is shipped directly to you

Your specialty pharmacy will confirm shipping details so your prescription is delivered right to your front door.

Helpful Tip

- Your pharmacy will give you injection training. If you need a refresher, visit [TRYNGOLZA.com](https://www.tryngolza.com) for a video of how to self-administer and store TRYNGOLZA



If you have questions about how to use TRYNGOLZA, reach out to your specialty pharmacy

4



Your specialty pharmacy will reach out when it is time for a refill

Helpful Tip

- Ionis Every Step offers educational resources that you can explore at your own pace. Digital resources with information on how to use TRYNGOLZA, nutrition tips, and reaching your treatment goals are available at [TRYNGOLZA.com](https://www.tryngolza.com)

Stay connected with Ionis Every Step for educational resources and support along the way.



Important terms to know

Some key words you may see or hear after your doctor prescribes TRYNGOLZA

Specialty pharmacy: A type of pharmacy that works closely with patients and doctors to manage therapies like TRYNGOLZA

Exception: A request to get approval from an insurance plan before they will begin paying for a medication that they do not normally cover – this is typical for new medications or when a medication has a new indication

Prior authorization: A request to get approval from an insurance plan before they will begin paying for a medication

Denial: An insurance plan's decision to not pay for a medication

Appeal: A request for an insurance plan to reconsider a decision that denies a payment



Important notes

As you talk to your doctor and your pharmacy about TRYNGOLZA, use this page to take notes on anything you think is important.

Take charge of your treatment – call 1-844-789-8744 (select option 2), Monday to Friday, 8 AM to 8 PM ET, to learn how Ionis Every Step can support your TRYNGOLZA treatment journey.